

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	<p>Red Rabbit O's Cereal WG</p> <p>Apples 1% & Fat Free Milk</p>	<p>Chocolate Chip Banana Bread WG</p> <p>Pears 1% & Fat Free Milk</p>	<p>WW Mini Bagels Cream Cheese</p> <p>Bananas 1% & Fat Free Milk</p>	<p>Egg and Cheese on a WW Roll</p> <p>Peaches 1% & Fat Free Milk</p>	<p>Strawberry Bread WG</p> <p>Clementines 1% & Fat Free Milk</p>
LUNCH	<p>Arroz con Pollo WG WG Seasoned Rice</p> <p>Mixed Beans Peppers and Onions</p> <p>Watermelon 1% & Fat Free Milk</p>	<p>Macaroni & Cheese WG</p> <p>Carrots Peas</p> <p>Oranges 1% & Fat Free Milk</p>	<p>Chicken Cacciatore Creamy Parmesan Orzo WG</p> <p>Roasted Zucchini Red Peppers</p> <p>Pineapple 1% & Fat Free Milk</p>	<p>Homemade Pizza w/ Mozz Cheese WG</p> <p>Garlic Spinach Roasted Red Peppers</p> <p>Oranges 1% & Fat Free Milk</p>	<p>Mojo Chicken Tacos WW Tortilla</p> <p>Roasted Corn Mixed Peppers and Onions</p> <p>Watermelon 1% & Low Fat Milk</p>
SNACK	<p>Applesauce 1% & Fat Free Milk</p>	<p>Homemade Trail Mix WG 1% & Fat Free Milk</p>	<p>Rice Cakes WG w/ Jam 1% & Fat Free Milk</p>	<p>WW Cinnamon Pita Crisps 1% & Fat Free Milk</p>	<p>WG Crunchy Granola Apples</p>

WG= Whole Grain
 A whole grain is a grain that has not had its nutrient-rich germ and bran removed, and therefore does not need enrichment. These menu items contain at least 50 percent whole grains.